

7th Leg of NERC GRAND PRIX Series

WILLOUGHBY HILLS LIONS RUN FOR THE HILLS (10 K)

SUNDAY, JUNE 22, 2014

RACE TIME: 8:30 AM Running Since 1979

ENTRY FEE: \$17 advance, \$20 race day



ONE OF NORTHEAST OHIO's FEW REMAINING 10-K's

Proceeds will support the Willoughby Hills Lions Club Scholarship Fund and the Northeast Running Club Scholarship Fund.

The course starts and finishes at the Willoughby Hills Community Center, 35400 Chardon Rd (US Rte 6), in Willoughby Hills, Ohio (ZIP 44094). A portion of the scenic course includes the Cleveland Metroparks North Chagrin Reservation. Water stops and time at each mile marker. Refreshments after the race. Tee shirts to first 150 entrants. Awards to top three Men and Women finishers. Age group awards to top three finishers.





AGE GROUPS

(Men and Women)

19 & Under

20 - 29 30 - 39 50 - 59 60 - 69

70 & Over

Lions RECYCLE For Sight



40 - 49

ENTRY FORM

WILLOUGHBY HILLS LIONS RUN FOR THE HILLS

SUNDAY, JUNE 22, 2014 - 8:30 AM

Entry Fee: \$17 advance (postmarked by June 18), \$20 race day (Make checks payable to the Willoughby Hills Lions Club)

Name:		Age on 6/22/14:	Sex:	M	F
Address:	City:	State	e: ZIP:_		
email:	_ Telephone:				
T-Shirt size: S M L XL	-				

Signature or Signature of parent/guardian if entrant is less than 18 years of age

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Willoughby Hills Lions Club, Northeast Running Club, City of Willoughby Hills, Cleveland Metroparks, any sponsors, their representatives, successors, and assigns for any and all injuries suffered by me in said event or in transit to and from said event. I further attest that I am physically fit and have sufficiently prepared for this event.

Mail entries to Andy Rattray, 37942 Sharp Ave, Willoughby, OH 44094-6022 For more information, contact Andy Rattray at 440-478-8300 or rattraya@sbcglobal.net

On line registration available at www.active.com